

Minnesota Emergency Food Resources – November 2025

Due to the federal government shutdown and the pause in SNAP benefits, many families are facing increased food insecurity. Below is a compiled list of free food options from community organizations, restaurants, and businesses across Minnesota.

Minneapolis Weekly Meal Sites (Recurring by Day)

Mondays

- Take-out Meal – 1604 E Lake St, Minneapolis – 12:00 PM
- Lunch – 2639 N Thomas Ave, Minneapolis – 12:30 PM
- Dinner – 422 Dorothy Day Place, St. Paul – 4:30 PM
- 510 Hall Ave, St. Paul – Dine in or to-go – 5:00 PM
- Take-out Meal – 2424 18th Ave S, Minneapolis – 5:15 PM
- Take-out Meal – 1310 Mainstreet, Hopkins – 5:30 PM

Tuesdays

- Take-out Meal – 1604 E Lake St, Minneapolis – 12:00 PM
- Pre-packed Box – 3701 E 50th St, Minneapolis – 10:00 AM
- Pre-packed Box – 3041 Fremont Ave S, Minneapolis – 10:30 AM
- Meal – 1800 University Ave W, St. Paul – 10:00 AM / 2:00 PM
- Meal – 2400 Nevada Ave, St. Louis Park – 3:30 PM

Wednesdays

- Food – 501 East Highway 13, Burnsville – 9:00 AM
- Pre-packed Box – 3041 Fremont Ave S, Minneapolis – 12:30 PM
- Take-out Meal – 1604 E Lake St, Minneapolis – 12:00 PM
- Food – 2024 Lyndale Ave N – 1:00 PM
- Meal – 1800 University Ave W, St. Paul – 2:00 PM
- Meal – 1220 Zane Ave N, Golden Valley – 10:00 AM

Thursdays

- Produce – 9700 France Ave S, Bloomington – 8:00 AM
- Food – 501 East Highway 13, Burnsville – 9:00 AM
- Food – 2443 Commerce Blvd, Mound – 9:30 AM
- Food – 12650 Johnny Cake Ridge Rd, Apple Valley – 10:00 AM
- Food – 2024 Lyndale Ave N – 1:00 PM
- Meal – 3104 16th Ave S, Minneapolis – 5:00 PM

Fridays

- Meal – 1800 University Ave W, St. Paul – 10:00 AM
- Meal – 714 Park Ave, Minneapolis – 12:00 PM
- Produce – 3334 20th Ave S, Minneapolis – 12:00 PM
- Meal – 1019 Payne Ave, St. Paul – 11:45 AM

- Meal – 4217 Boone Ave, New Hope – 1:00 PM
- Meal – 1010 Currie Ave, Minneapolis – 6:00 PM

Saturdays

- Pre-packed Box – Calvary Lutheran Church, Lakeville – 9:00 AM
- Meal – 16725 Highview Ave, Lakeville – 9:00 AM
- Food – 12650 Johnny Cake Ridge Rd, Apple Valley – 9:00 AM
- Boxed Meal – 714 Park Ave, Minneapolis – 10:30 AM
- Food – 1922 N 4th Ave, Minneapolis – 11:00 AM
- Meal – 4300 Vicksburg Ln N, Plymouth – 5:30 PM

Sundays

- Meal – 525 N 7th St, Minneapolis – 10:00 AM
- Boxed Meal – 714 Park Ave, Minneapolis – 10:30 AM
- Meal – 3040 Longfellow Ave, Minneapolis – 4:00 PM
- Meal – 1900 Nicollet Ave, Minneapolis – 5:00 PM
- Meal – 2120 W 76th St, Richfield – 5:30 PM
- Meal – 1010 Currie Ave, Minneapolis – 6:00 PM