

# Sample Letter/Email to your Legislator

*The text below is meant to be used as a guide to help you start crafting your letter/email. You know your story best - personalize and share additional information you feel is important.*

*Note that this messaging is for when you want to share your thoughts and opinions with your legislator. If you want to set up a meeting with them or request a site visit, center your email around your ask and planning out logistics. Save the facts, stories, and information about your cause for your meeting/site visit.*

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Hello Senator/Representative NAME,

**[Introduce yourself and clearly state that you are the legislator's constituent]** My name is FIRST AND LAST NAME and I am a constituent living in CITY AND STATE. I am a NAME OF ROLE (PARENT, TEACHER, YOUTH WORKER, ETC) and I have seen first-hand the impact that afterschool programming has on youth in our community. **[Share personal experiences/story with details]**

It's important to me that young people have opportunities to continue learning and discovering their passion outside of school. I also know how important afterschool and summer programs are for keeping young people safe and helping working families. Statistics show that nearly 25 percent of school-aged youth in Minnesota are alone or unsupervised after school, which is also the most likely time for kids to become victims of or participate in crimes, and to experiment with drugs or alcohol. **[Add additional facts/data/research to relate to your experiences with afterschool programs]**

Young people who regularly participate in afterschool programs show improved school attendance, behavior, and core academic performance. Afterschool programming inspires children to learn by giving them engaging, hands-on, and fun projects, opportunities to think creatively, and access to mentors to guide them along the way.

**[Make a direct ask/request]** Will you support increasing funding for afterschool programs in Minnesota and work to create pathways and measures to increase access to them too?

Thank you for your time and I look forward to hearing back from you soon!

Sincerely,  
NAME  
ADDRESS

